

SANDBAR

BEACHFRONT BISTRO

5446 3694

Burgers all served with chips – available lunch only

all 16

- STEAK SANDWICH** with lettuce, tomato, beetroot, caramelised onion, BBQ sauce
CHICKEN BURGER bacon, cheese, lettuce, tomato, aioli
BEEF BURGER home made pattie with lettuce, tomato, cheese, bacon, fried egg & relish
FALAFEL BURGER on Turkish with hummus, lettuce, tomato, avocado & tzatziki (V)

Starters

- GARLIC BREAD** (V) 7
TOASTED TURKISH BREAD with house made dips (V) 12
SALT & PEPPER CALAMARI lemon, with chips & salad 14/21
OYSTERS Natural or Kilpatrick(G) 17/29
KING PRAWNS with aioli & lemon 250g/500g (G) 19/32
ANTIPASTO PLATE marinated vegetables – olives, semi dried tomato, feta, prosciutto, salami, dips, rocket, lavosh bread (G without lavosh) 19
ARANCINI BALLS pumpkin & thyme risotto balls served with rocket & parmesan salad (V) 12
LAMB CUTLETS on rocket salad with tzatziki (G) 16

Salads

- CAESAR** crispy baby cos, bacon, parmesan, egg, caesar dressing, croutons, anchovy optional (G) 16
GREEK tomato, cucumber, red capsicum, olives, feta, balsamic dressing, toasted ciabatta (G,V) 16
PUMPKIN SALAD roasted pumpkin, rocket, pine nuts, cherry tomato, parmesan balsamic dressing (G,V) 16
COOLUM BEACH SALAD marinated vegetables, semi dried tomato, feta, green leaves, pine nuts, red onion, balsamic, toasted ciabatta (G,V) 19
 (G, All salads are gluten free without bread)

Add

- Cajun chicken (G) 6
 Salt & pepper calamari 6
 Fresh king prawns (G) 8

Pasta

- SPAGHETTI BOLOGNESE** traditional meat sauce 16
LINGUINE tossed with prawns, bugtails, garlic, parsley, chilli, parmesan & olive oil 26
CHICKEN PENNE with pumpkin, pine nuts & pesto cream 24
LINGUINE tossed with cherry tomato, olives, baby spinach, feta, garlic, & parmesan (V) 21

(G) Gluten Free Pasta available – extra \$4

(V) Vegetarian

SANDBAR
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Public Holiday Surcharge 15%

Catering available for weddings, birthdays, corporate functions, group dinners
www.sandbarcoolum.com

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Main

FISH & CHIPS beer battered fish, chips, lemon	22
MARKET FISH of the day	market
CRISPY SKIN ATLANTIC SALMON garlic mash, avocado, semi dried tomato, (G) parmesan & red onion salad, aioli	27
SEAFOOD BASKET battered fish, salt & pepper calamari, tempura prawns, salad, lemon & side of chips	28
CURRY of the day	see board
CHICKEN PARMAGIANA with napoli sauce, ham & mozzarella, fat chips & garden salad	24
PEPPERED LAMB RUMP on garlic mash with seared spinach, rosemary jus	25

200G EYE FILLET (G)	28
250G SIRLOIN (G)	26
400G RUMP (G)	26
<i>add surf & turf, ½ bug, 3 prawns in garlic cream sauce</i>	8

CHICKEN BREAST SCHNITZEL 20

*all served with chips & salad or vegetables & potato of the day
choice of mushroom, pepper, red wine, gravy or garlic cream sauce*

FRESH LOCAL SEAFOOD PLATE FOR 2 - changing daily, see specials board

Sides

Chips (V)	7	Wedges, sour cream & sweet chilli (V)	9
Garden salad (G,V)	6	Rocket & parmesan salad (G,V)	6
Steamed vegetables (V)	6	Garlic mash (G,V)	6

Desserts

A tempting selection of desserts, cakes & slices available at our coffee bar

Coffee Bar available 10 am – 9 pm

TOASTED TURKISH BUNS	all 10.5
CHICKEN baby spinach, tasty cheese, semi sun dried tomato & pesto	
HAM & cheese grilled sandwich	
PUMPKIN spinach, semi sun dried tomato, feta, zucchini & pesto (V)	
BACON lettuce, tomato, avocado & aioli	

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